



# Lotus Vegan

Tel: (818) 760-8088 Fax: (818) 505-8988  
Sun - Thur 11:00 am - 10:00 pm  
Fri - Sat 11:00 am - 10:30 pm  
www.lotusvegan.com

ORGANICALLY DELICIOUS ✓ NO MSG ✓ NO WHITE SUGAR ✓ ORGANIC INGREDIENTS

# Salad

## Breakfast

Enjoy the most important meal of the day anytime here at Lotus Vegan.

### Burrito

All Burrito served with salsa. Choice of wheat or flour tortilla.

- BREAKFAST BURRITO #1** 8.75  
Tofu scramble, bacon bites, cheese, (no casein)
- BREAKFAST BURRITO #2** 8.75  
Tofu scramble, cheese (no casein), brown rice.
- BREAKFAST BURRITO #3** 8.75  
Lentil loaf, seitan (wheat meat), cheese, (no casein)
- BREAKFAST BURRITO #4** 8.75  
Tofu scramble, sweet potatoes, cheese, (no casein)

### Pancake

All pancakes made with whole wheat flour and served with maple syrup and vegan butter. Extra maple syrup add \$1

- JUST PANCAKE** \$5.95  
2 whole wheat pancakes
- TROPICAL PANCAKE** \$7.95  
2 whole wheat pancakes cooked with Blueberry and banana.
- CHICKEN & PANCAKE** \$10.95  
Breaded deep fried chicken served with 2 pancakes.
- COWBOY STEAK & PANCAKE** \$10.95  
Chicken grilled in garlic-cilantro sauce. Served with 2 pancakes.
- PANCAKE BREAKFAST [COWGIRL]** \$10.95  
2 pancakes served with tofu scramble topped with soy bacon bits. Make it tropical add \$3

### Hash Brown

- CITY HASH BROWN POTATOES** \$5.95  
Shredded grilled potatoes.
- COUNTRY HASH BROWN POTATOES** \$9.95  
Shredded grilled potatoes served with scramble tofu.

## Wrap

All wrap served with Tahini sauce and salsa, lettuce, tomatoes & avocado. Choice of wheat or flour tortilla

- CHICKEN WRAP** \$8.75  
Deep fried soy chicken.
- FISH WRAP** \$8.75  
Deep fried or grilled soy fish
- PEPPER STEAK WRAP** \$8.75  
Grilled soy beef in sweet jalapeno sauce
- SEITAN WRAP** \$8.75  
Grilled seitan with garlic cilantro sauce
- LENTIL WRAP** \$8.75
- FAJITAWRAP** \$8.75  
Sauteed onions, eggplant, red bell peppers, zucchini, lettuce, tomatoes, soy chicken and crumble tofu. (NO AVOCADO)
- RAW VEGGIE WRAP** \$8.75  
cucumber, carrots, onions, tomato, avocado, zucchini, mushrooms, veganaise spread on tortilla.
- COWBOY WRAP** \$8.75  
Grilled soy chicken with garlic cilantro sauce.

## Burger

All burgers served on whole wheat bun with veganaise lettuce and tomato

- CHICKEN BURGER** \$6.95  
Breaded deep fried soy chicken.
- SEITAN BURGER** \$6.95  
Grilled wheat protein with garlic cilantro sauce
- COWBOY BURGER** \$6.95  
Grilled soy patty cooked with garlic cilantro sauce
- CHICKEN SATAY BURGER** \$6.95  
Grilled soy patty glazed with satay sauce
- PEPPER STEAK BURGER** \$6.95  
Soy beef grilled with sweet jalapeno sauce.
- FISH BURGER** \$6.95  
Deep fried or grilled soy fish.

MORE BURGER ↑

- LENTIL BURGER** \$6.95  
Mixture of boiled lentil beans, brown rice, cilantro, onions and bell peppers.
- MUSHROOM BURGER** \$6.95  
Choice of lentil loaf or tofu scramble patty.
- GRILLED VEGGIE BURGER (NOT A PATTY)** \$6.95  
Sauteed zucchini, eggplant, red bell peppers, mushroom and onions.
- TOFU SCRAMBLE BURGER** \$6.95  
Tofu mixed with onions, bell peppers, curry powder, cilantro and seasoning.

## Appetizer

- DUMPLING** \$6.95  
Fried or steamed stuffed with mixed vegetables, Served with sweet soy sauce.
- FRIED TOFU GF** \$6.95  
Deep fried tofu, served with ground peanuts in sweet and sour sauce.
- VEGGIE CHICKEN NUGGETS** \$6.95  
Served with sweet and sour sauce.
- VEGGIE CHICKEN DRUMSTICKS** \$8.95  
Served with sweet and sour sauce.
- FRIED LEMON SHRIMPS** \$7.95
- BBQ SKEWERS (TOFU OR CHICKEN) GF** \$7.95  
Grilled with BBQ sauce.
- CRISPY CHICKEN** \$7.95  
Breaded deep fried soy chicken served with sweet and sour sauce.
- New HOT WINGS** \$10.95
- COWBOY STEAK** \$7.95  
Grilled soy chicken with garlic cilantro sauce
- PEPPER STEAK** \$7.95  
Grilled soy beef with sweet jalapeno sauce
- FRESH ROLLS GF** \$6.95  
Romaine lettuce, basil leaves, cucumber, carrots, rice vermicelli wrapped in rice paper and served with house peanut sauce. (Add any vegan protein \$2.00)
- SPRING ROLLS** \$5.95  
Deep fried spring rolls stuffed with cabbage, green beans, carrots, mushroom, onions, glass noodles served with sweet and sour sauce.
- GRILLED POTATOES GA** \$5.95  
Grilled potatoes cooked with chef's sauce.
- GRILLED SWEET POTATOES GF** \$7.95
- TOFU SATAY GF** \$8.95  
Tofu on skewer served with peanut and cucumber salad.
- CHICKEN SATAY GF** \$8.95  
Soy chicken on skewer served with peanut sauce and cucumber salad.
- QUESADILLA** \$6.95  
Wheat or flour tortilla served with salsa. (Add any vegan protein \$2.00)
- EDAMAME GF** \$3.50
- LETTUCE WRAPPETIZER** \$11.00  
Tofu, shitake mushrooms, pine nuts in wheat paper shell Served with lettuce.

- SEAWEED SALAD** \$5.95
- CHICKEN, BEEF OR TOFU SALAD 🌶️** \$9.95  
Romaine lettuce, tomatoes red onions, cucumber tossed in spicy lime dressing
- EGGPLANT SALAD 🌶️** \$9.95  
Thin sliced grilled eggplant, red onions, celery, bell peppers, carrots tossed in spicy lime dressing topped with cashew nuts.
- SEAFOOD SALAD 🌶️** \$11.95  
Grilled soy fish and shrimp tossed in lime dressing.
- NAKED SHRIMPS 🌶️** \$11.95  
Grilled shrimps, cucumbers, red onions, green onion, cilantro and mint leaves tossed in lime dressing and chill paste on a bed of cabbage and romaine lettuce.
- NAMTOK 🌶️** \$10.95  
Grilled chicken seasoned with rice powder, mint leaves, cilantro green onions & red onions tossed in lime dressing on top of greens.
- LARB 🌶️** \$9.95  
Grilled crumbled tofu seasoned with rice powder, herbs, cilantro mint leaves, dried chilli tossed in lime dressing.
- SILVER NOODLE SALAD 🌶️** \$9.95  
Glass noodles mixed with soy chicken and soy shrimp in lime dressing.
- PAPAYA SALAD 🌶️** \$8.95  
Shredded green papaya, green beans, tomatoes, carrots and fresh garlic in lime dressing topped with peanuts.
- CRANBERRY SALAD** \$9.95  
Romaine lettuce, tomatoes, red onions, mandarin orange and grilled chicken on top, served with cranberry dressing.
- THAI SALAD** \$9.95  
Romaine lettuce, onions, tomatoes, cucumber, red bell peppers topped with grilled tofu. Served with light peanut dressing.
- HIGH PROTEIN SALAD** \$9.95  
Romaine lettuce, spring mixed, garbanzo, edamame, raw sliced almonds, raw pumpkin seeds, avocado, tomatoes, red onions and choice of dressing.
- GARDEN SALAD** \$9.95  
Romaine lettuce, carrots, tomatoes, cucumber, onions, avocado, shredded beets and sunflower seeds, choice of dressing.
- New STEAMED VEGGIES SALAD 🌶️** \$9.95  
Steamed broccoli, carrots, zucchini, cabbages, mixed with raw red onions, green onions, cucumbers in lime dressing
- DINNER SALAD** \$6.95  
Romaine lettuce, carrots, tomatoes and cucumber & choice of dressing.
- New PUMKIN OR AVOCADO SALAD** \$11.00  
Garlic, tomatoes, green beans and carrots tossed in lime dressing
- QUINOA AND SWEET BEET SALAD** \$11.00  
Romaine lettuce, spring mix, apple, raisin, garbanzo beans, onions, cranberry, Served with Tahini dressing.

New

New

GF = GLUTEN FREE  
GA = GLUTEN FREE AVAILABLE  
🌶️ = SPICY LEVEL  
🌶️ MILD 🌶️ MEDIUM 🌶️ SPICY 🌶️ VERY SPICY 🌶️ EXTREME SPICY

Please inform your server if you have any food allergies or special dietary restrictions

# Noodle Soup

Gluten free upon request

- TOM YUM NOODLE** \$10.95  
with crispy chicken, beansprouts and green onions.
- THAI STYLE NOODLE SOUP** \$10.95  
with beansprouts and green onions. Choice of protein. (\$2 extra for vegan shrimp.)
- SEAFOOD NOODLE SOUP** \$11.95  
with beansprouts and green onions.

## Soup

SMALL / LARGE

- MISO SOUP GA** \$3.95 / \$4.95  
Tofu and seaweed in soy bean broth.
- SEAWEED SOUP GA** \$8.95  
Bok Choy, peas, carrots, glass noodles, tofu and seaweed in vegetable broth.
- VEGETABLE SOUP GA** \$4.50 / \$7.50  
Broccoli, cauliflower, peas, carrots, cabbage, onions, zucchini and celery.
- TOFU SOUP GA** \$5.95 / \$7.95  
Tofu with assorted vegetables.
- GLASS NOODLE SOUP GA** \$6.25 / \$8.25  
A glass noodles soup with tofu, shiitake mushrooms and vegetables.
- TOM YUM GA** 🌶️ A savory sour broth with lemon grass, kaffir lime leaves, fresh chili, lime juice and mushrooms.
  - CHICKEN OR VEGETABLE OR TOFU** \$7.95 / \$9.95
  - SHRIMP** \$8.75 / \$10.75
  - SEAFOOD** \$8.95 / \$10.95
- TOM KHA GA** 🌶️ Coconut lime broth with galanga, fresh chili, mushrooms.
  - CHICKEN OR VEGETABLE OR TOFU** \$7.95 / \$9.95
  - SHRIMP** \$8.75 / \$10.75
  - SEAFOOD** \$8.95 / \$10.95

## Curry

Choice of protein: organic tofu, soy chicken, soy fish, seitan, soy beef. ( Soy Shrimp \$2 )

- PINEAPPLE CURRY** 🌶️ \$9.95  
Coconut cream, red bell peppers, tomatoes, pineapple and sweet basil.
- SHITAKE CURRY** 🌶️ \$9.95  
Coconut cream, eggplant, bamboo shoot, shiitake mushrooms, red bell peppers and sweet basil.
- THAI RED CURRY** 🌶️ \$9.95  
Coconut cream, eggplant, bamboo shoots, red bell peppers and sweet basil.
- THAI YELLOW CURRY** 🌶️ \$9.95  
Coconut cream, carrots, potatoes, peas and onions.
- THAI GREEN CURRY** 🌶️ \$9.95  
Coconut cream, eggplant, bamboo shoot, red bell peppers and sweet basil.
- PANANG CURRY** 🌶️ \$9.95  
Coconut cream, green beans, zucchini, red bell peppers, peas and carrots.
- PUMPKIN CURRY** 🌶️ \$10.95  
Coconut cream, red bell peppers, basil and pumpkin.
- JUNGLE CURRY** 🌶️ (No coconut cream) \$10.95  
Green beans, bamboo shoot, pumpkin, red bell peppers, basil in curry sauce
- DUMPLING CURRY** 🌶️ \$10.95  
Steamed or fried dumpling with peas, carrots, red bell pepper and basil in curry sauce.

# A La Carte

Choice of protein: tofu, soy chicken, soy beef, soy fish, seitan or vegetable (soy shrimp \$2 added) Cashews, peanuts or mushrooms

- STIR FRIED VEGETABLES GA** \$9.95  
Broccoli, cabbage, kale, red bell peppers, garlic, bok choy, celery, onions, zucchini, carrots, snow peas, bean sprouts in light brown sauce.
- HOT & SPICY GREEN BEANS GA** 🌶️ \$9.95  
Sauteed in chili paste with red bell peppers.
- SPICY EGGPLANT GA** 🌶️ \$9.95  
Fresh basil leaves, sauteed eggplant with fresh chilli, garlic with onions and bell peppers, celery and carrots.
- SPICY BASIL LEAVE GA** 🌶️ \$9.95  
Sauteed bamboo shoot with basil leaves, onions, red bell peppers garlic and fresh chilli.
- BROCCOLI GA** \$9.95  
Sauteed broccoli, garlic, carrots in light brown sauce.
- GARLIC PEPPERS GA** \$9.95  
Sauteed garlic sauce. Served with steamed carrot and broccoli.
- CASHEW NUTS GA** \$9.95  
Sauteed roasted cashew nuts, onion, bell peppers, carrots, green onion, celery and water chestnut.
- KUNG PAO GA** \$9.95  
Sauteed onions, bell pepper, carrot and dried chilis, green onion, celery, water chestnut topped with peanut.
- ORANGE CHICKEN** \$10.95  
Breaded deep fried chicken glazed with fresh orange sauce.
- SPICY BASIL LEAVE PUMPKIN GA** 🌶️ \$10.95  
Sauteed pumpkin, zucchini, onion, fresh chilies, red bell peppers and basil leaves.
- CHINESE BROCCOLI** \$10.25  
Sauteed in light brown sauce
- PRA SAM ROD (THREE FLAVORED FISH)** \$11.95  
Breaded deep fried vegan fish topped with tangy sweet chi sauce with red bell peppers, onion and pineapple.
- STIR FRIED ASPARAGUS** \$12.00  
With garlic, red bell peppers and onions, sauteed in light brown sauce.
- KALE, BROCCOLI & SNOW PEAS** \$12.00  
With garlic and your choice of protein.
- ORANGE BROCCOLI** \$10.95  
Breaded deep fried broccoli glazed with fresh orange sauce.

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# Noodle & Rice

Choice of protein: organic tofu, soy chicken, soy fish, seitan, soy beef, (Soy shrimp \$2) Cashews, peanuts or mushrooms

- PADTHAI GA** \$9.95  
Thin rice noodles stir fried with bean sprouts, green onions garnished with ground peanuts and shredded carrots.
- CHOW MEIN GA** \$9.95  
Flat rice noodles with broccoli, celery, onions, bean sprouts, cauliflower, cabbage, garlic and carrots.
- RAD NAH GA** \$9.95  
Flat rice noodles with broccoli and gravy sauce,
- PAD SEE EW GA** \$9.95  
Flat rice noodles with broccoli, garlic and bean sprouts.
- SPICY BASIL NOODLE GA** 🌶️ \$9.95  
Spicy pan fried flat rice noodles with tomatoes, onions, red bell peppers, bean sprouts, basil leaves, garlic and fresh chili.
- PAD WOON SEN GA** \$10.25  
Glass bean noodle sauteed with carrot, tomato, onion, cabbage, garlic bean sprout and celery.
- THAI FRIED RICE** \$9.95  
Brown rice stir fried with peas, carrots, garlic, onions and tomatoes.
- SPICY FRIED RICE** 🌶️ \$9.95  
Brown rice stir fried with bell peppers, basil leaves, onions and fresh Thai chili.
- VEGETABLE FRIED RICE** \$9.95  
With broccoli, cauliflower, cabbage, carrots, garlic (With protein add \$2)
- COMBINATION FRIED RICE** \$10.95  
Fried rice with peas, carrots, onions, chicken, beef and shrimp.
- PINEAPPLE FRIED RICE** \$10.95  
Fried rice with pineapples, raisins, cashew nuts, onions, peas, carrots, tomatoes and tumeric powder.
- KUNG PAO SPAGHETTI** \$12.00  
Served with your choice of protein (vegan shrimp add \$2)

## Side Order

- FRENCH FRIES** \$3.50
- STEAMED VEGGIES** \$6.95
- STEAMED BROCCOLI** \$7.95
- SOY FISH (GRILLED OR FRIED)** \$7.95
- LENTIL LOAF** \$7.95
- TOFU SCRAMBLE** \$7.95
- BROWN RICE** \$3.00
- FRIED BROWN RICE** \$4.00
- QUINAO** \$5.00
- HALF BROWN RICE & QUINAO** \$4.00
- STEAMED ORGANIC TOFU** \$6.95
- COLD ORGANIC TOFU** \$6.95
- EXTRA DRESSING AND SAUCE** \$2.00

# Beverages

- THAI ICED TEA** (NO ICE ADD \$0.50) \$2.50
- THAI ICED COFFEE** (NO ICE ADD \$0.50) \$3.00
- REGULAR ICED TEA** (FREE REFILLS) \$2.00
- ICED GREEN TEA** (NO REFILLS) \$3.00
- ORGANIC ALMOND / SOY MILK** \$3.50
- ORANGE JUICE** (BOTTLED) \$3.00
- PASSION FRUIT DRINK** \$6.50
- LEMONADE** (NO REFILLS) \$3.00
- YOUNG COCONUT** (REAL COCONUT) \$5.00
- COCONUT JUICE** (CAN) \$4.00
- COCONUT PALM JUICE** (BOTTLED) \$3.00
- FRUIT SMOOTHIE** \$4.50  
(Banana, Pineapple, Papaya, Strawberry, Mango, Blueberry)
- HOT HERB TEA** \$2.50  
(Green, Jasmine, Black, Peppermint . Lemon Ginger, Orange Spice, Chamomile)
- HOT COFFEE** \$2.50
- SODA** \$2.00  
(Coke, Diet Coke, Sprite, Pepsi, 7-up)
- KOMBUCHA** (BOTTLED) \$5.00
- MARTINELLI APPLE JUICE** \$2.00
- VITAMIN WATER** \$3.00
- PERRIER** \$2.00
- BOTTLED WATER** \$1.50
- SNAPPLE** \$3.00
- \*FRESH JUICE** \$6.00  
( Orange, Kale, Carrot, Green apple, celery, cucumber )  
( 2 base :- Orange, apple or cucumber )

## Desserts

- FRIED BANANA ROLLS** \$7.00  
Topped with chocolate sauce.
- STICKY RICE WITH MANGO GF** \$8.95
- FRIED BANANA WITH ICE CREAM GF** \$8.95
- DEEP FRIED OREOS** \$7.95  
Served with vegan chocolate sauce.
- COCONUT ICE CREAM GF** \$4.50
- RAW VEGAN CHEESE CAKE GF** \$6.00  
(Plain, Mango, Strawberry)
- VEGAN CAKE** \$5.00
- GLUTEN FREE CAKE** \$6.00
- PEANUT BUTTER PIE** \$5.00
- VEGAN COOKIES** \$3.00
- GLUTEN FREE COOKIES** \$4.00